

NANTWICH PRIMARY ACADEMY and NURSERY

PRINCIPAL – SUE SPENCE

PE Policy Statement



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1. INTENT

Our Intent is that we believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at Nantwich Primary, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

2. IMPLEMENTATION

PE at Nantwich Primary Academy provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.

- The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Teachers receive high quality PE CPD every week to help support their knowledge and understanding of this subject. This also helps with their confidence when teaching different units.
- All children participate in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities.
- Pupils to assume own responsibility for learning through leading parts of the lesson allowing them to inspire others and instil positive attitudes.
- Children develop their awareness of physical development including fitness, skills and hygiene.
- All children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year a small group of Year 6 and Year 5 children are invited to become Play Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.
- Children participate in after school clubs that cover a variety of sports throughout the year. For example: archery, outdoor and adventure, boxing and skipping, again providing the children with an opportunity to develop, improve their fitness and try something new which accommodates all learning needs.

- Children in Year 3, 4 and 5 swim once a week during the Autumn and Summer Terms. In the Summer Term Year 6's join for 'Top up swimming'.
- We implement the "Daily Mile", to help meet the government target of all children being active for at least 60 minutes a day

3. IMPACT

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

4. CULTURAL CAPITAL

At Nantwich Primary Academy and Nursery, we promote Cultural Capital in the following ways.

INVASION GAMES / ATHLETICS / FIELDING and STRIKING

- Children will learn a variety of skills. They will be able to understand the mutual respect needed to compete in a sporting competition.
- This will be evident through the way they conduct themselves when they compete. They will be tolerant of the different faiths and beliefs that contribute to team competitions locally, nationally and internationally.
- The children will understand that they are to be compliant with the rules of a game and that we live in a democratic society where both men and women can play mixed sports.

DANCE

- Children may demonstrate knowledge of the history of dance, and its cultural impact on the world.
- They may be able to reflect on different styles of dance, influenced by different cultures and both national and international histories.
- Children may demonstrate an awareness of socio-economic influences in different dance histories, such as hip-hop, ballet and folk and begin to compare and contrast the different styles.

APPENDIX 1 – PROGRESSION MAP

