

KS3

KEY: D: Dance I G: Invasion Games F & S: Field and Striking A: Athletics G: Gymnastics OAA: Outdoor Adventure Activity S: Swimming

Hockey IG Top Up Swimming S Basketball IG Dodgeball IG Gymnastics G

Tennis OAA Dance Athletics

F&S IG OAA G D IG A

Swimming Tag Rugby Athletics Gymnastics OAA Dance Handball Rounders

OAA A D G OAA A S

OAA OAA Dance Gymnastics Athletics Swimming

Cricket Netball/Basketball Football

F&S IG G OAA F&S IG IG

Tag Rugby Athletics Football Gymnastics OAA Tennis Swimming Hockey

S IG A D IG S

Swimming Fundamentals - Attacking and defending Fundamentals - Handling equipment Dance Gymnastics Fundamentals- Throwing and Catching Athletics Fundamentals- Ball Skills

F&S G A IG

IG A Fundamentals- Throwing and Catching Dance Fundamentals - Handling equipment Fundamentals - Attacking and defending

IG IG IG G G G

Games - Striking activities Athletics Games - Throwing and catching Gymnastics- Body movements Gymnastics- Control and co-ordination Dance

A D



"Nurturing every child on the pathway to success!"
Physical Education Progression

Y6

Y5

Y4

Y3

Y2

Y1

EYF5